

ALPIC 2021

Advanced Learning on Platelets & Thrombosis International Course

21-23 May 2021

Kalavrita Canyon Hotel

KALAVRITA-GREECE

Alexandros Tselepis

Professor
of Biochemistry-Clinical
Chemistry, Department
of Chemistry, University
of Ioannina

Course Directors:

John Goudevenos

Emeritus Professor of
Internal Medicine-Cardiology,
Faculty of Medicine,
School of Health Sciences,
University of Ioannina

Haralampos Milionis

Professor of Internal
Medicine, Faculty
of Medicine, School of Health
Sciences, University
of Ioannina

Organizer:



European and Mediterranean League
Against Thrombotic Diseases

Hosting Partners:



University
of Ioannina



Atherothrombosis
Research Centre,
University of Ioannina

Under the Auspices of:



Hellenic
Cardiological
Society



Institute for the Study
and Education on Thrombosis
and Antithrombotic Therapy

The Congress will be accredited
with **C.M.E. Credits**
by the Panhellenic Medical Association

Scientific Program

WELCOME MESSAGE

Dear Colleagues,

We are pleased to welcome you to **ALPIC 2021** (Advanced Learning on Platelets & Thrombosis International Course), the 11th international scientific event on Platelets and Thrombosis, taking place this year in **Kalavrita**, Peloponnese, Greece, at Kalavrita Canyon Hotel, on **21-23 May, 2021**. ALPIC 2021 is organized by the European and Mediterranean League against Thrombotic Diseases (EMLTD), having as Course Directors Professors A. Tselepis, I. Goudevenos and H. Milionis. The Course aims to serve as a knowledge transfer forum for scientists in the current aspects of Platelet and Thrombosis research, ranging from the basic science to the clinical practice. The scientific program is designed to highlight the rapid development and ongoing evolution on the mechanisms underlying Thrombosis and Haemostasis along with discussion regarding all current advances in Antiplatelet and Anticoagulant therapy. We are proud that ALPIC has gained worldwide warm acceptance and recognition for its scientific merit and we do hope that ALPIC 2021 will further strengthen the European and Mediterranean network for Thrombosis in both basic research and clinical practice. ALPIC 2021 is organized with the contribution of our hosting partners, the Atherothrombosis Research Centre of the University of Ioannina and the Institute for the Study and Education on Thrombosis and Antithrombotic Therapy, which will give us the opportunity to bring together scientists and experts having a wide spectrum of disciplines, who will share current knowledge on various aspects of Thrombosis. The course local organizing committee consisted of University Professors with different specialties has created an attractive and comprehensive scientific programme with care and appreciation for attendees' scientific and personal enjoyment. An internationally recognized panel of invited speakers will present state of the art lectures and will create an excellent opportunity for all participants to stimulate an extended and very constructive discussion both inside and outside the lecture hall.

The dreamy setting with picturesque squares, stone-paved streets and cute little houses of Kalavrita will welcome ALPIC 2021. Kalavrita is a town, a province and a municipality in the East Central part of the prefecture of Achaia. The historic town of Kalavrita, one of the most exciting destinations of Peloponnese, will add to the scientific quality of the presentations, making this event a remarkable one for all participants. The Organizers will spare no efforts to ensure that ALPIC 2021 will be an exciting and enriching experience for all participants. We welcome you and we wish you all enjoy ALPIC 2021 in the picturesque landscape offered by Kalavrita and its mountainous landscape.

With our best regards,

The ALPIC 2021 Course Directors

Prof. Alexandros Tselepis Prof. Ioannis Goudevenos Prof. Haralampos Milionis

ALPIC ORGANIZERS

■ Organizer:



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Alexandros Tselepis

Professor of Biochemistry
- Clinical Chemistry
Department of Chemistry,
University of Ioannina

John Goudevenos

Emeritus Professor
of Cardiology,
Faculty of Medicine,
School of Health Sciences
University of Ioannina,

Haralampos Milionis

Professor of Internal
Medicine,
Faculty of Medicine,
School of Health Sciences,
University of Ioannina

Here's why! See you in Kalavrita for what promises to be a most exciting congress!

The scientific program is focused on realistic views of controversial issues in thrombosis and antithrombotic therapy. Sessions include a combination of Keynote lectures, Clinical Seminars Plenary Sessions, Debates, Meet the Experts Sessions presented by a faculty of internationally renowned leaders.

Friday, May 21st, 2021

11.00 **Registrations**

11.40-13.00 **The Most Impactful Antithrombotic Trials in 2020-2021**

Chair: George **Hahalis**

RIVER

Michail **Botis**

Dubius, POPular AGE

John **Goudevenos**

POPular CABG

Theodora **Bampali**

VOYAGE - PAD

Nana **Petroula**

DIRECT - MT

Dimitrios **Nikas**

COMPARE CRASH

Dimitrios **Alexopoulos**

FOXTROT

Alexandros **Tselepis**

Friday, May 21st, 2021

13.00-14.30 **Clinical Seminar:
Uncertainties and challenges in anticoagulation therapy**

Moderators: John **Goudevenos**, Haralampos **Milionis**

Discussants: Vasileios **Primikiris**, Theodora **Bampali**
Vasileios **Bellos**

A patient with renal insufficiency - What is the optimal anticoagulation?
Dimitrios **Vlahakos**

Subclinical atrial fibrillation is detected in a patient -
When to anticoagulate?
Konstantinos **Zekios**

Anticoagulant Reversal Agents: Who, What, When, and How?
Christos **Katsouras**

Cardiac Surgery in the COVID-19 Era
Dimitrios **Iliopoulos**

Choice of anticoagulant therapy in coexisting clinical diseases.
A clinical case of a 75 year old woman
Konstantinos **Vemmos**

14.30-15.30 **Coffee Break**

15.30-17.00 **Indications, contraindications, and precautions
with the use of DOACs**

Chairs: Georgios **Kochiadakis**, Georgios **Tsivgoulis**

Discussants: Georgios **Kalambokis**, Dimitrios **Nikolopoulos**,
Sotirios **Mitsiadis**

Use of DOACs in Patients with AF and Valvular Heart Lesions
Dimitrios **Richter**

DOACs in adults with congenital heart disease
Eugenia **Tsagalidou**

Anticoagulation and Stroke Prevention for AF: Stroke Prophylaxis
in Complicated Cases
TBA

End-Stage Renal Disease and Haemodialysis. Antiplatelets -
Anticoagulants
Konstantinos **Siontis (USA)**

Friday, May 21st, 2021

17.00-17.30 **Break**

17.30-19.00 **Meet the Experts. Stroke management: specific issues**

Chairs: Georgios **Tsivgoulis**, Sotirios **Giannopoulos**

Intravenous Thrombolysis for acute ischemic stroke: ESO recommendations

Georgios **Tsivgoulis**

How to Manage a Patient after Thrombolysis and Mechanical Thrombectomy

Panagiotis **Mitsias**

The uncertainty of timing of anticoagulation initiation after cardioembolic Stroke

Sotirios **Giannopoulos**

Restarting stroke prevention treatment in intracranial hemorrhage survivors

John **Ellul**

19.00-20.00 **Plenary Session. COVID-19 coagulopathy: What we know and how to treat**

Chairs: Alex **Spyropoulos (USA)**, Alexandros **Tselepis**

Discussant: Katerina **Panteli**

The unique characteristics of COVID-19 coagulopathy

Efrosyni **Nomikou**

Coagulation Tests in COVID-19 patients:

When to perform -risk stratification

Vasiliki **Danilatou**

Management of coagulopathy in COVID-19 patients. Recent advances

Elias **Kiriakou**

SCIENTIFIC PROGRAMME

Friday, May 21st, 2021

20.00-20.20 **Keynote Lecture**

Chair: Kostas **Toutouzas**

Virtual management of thrombosis and anticoagulation:
the way of the future?

James **Douketis (Canada)**

20.20-20.45 **Official Opening of ALPIC 2020**

Chairs: Alexandros **Tselepis**, John **Goudevenos**, Haralampos **Milionis**

Vice Rector of the University of Ioannina
Minas **Paschopoulos**

President of the EMLTD Society
Alexandros **Tselepis**

President of the Hellenic Society of Cardiology
John **Kanakakis**

Vice President of the Institute for the Study and Education
on Thrombosis and Antithrombotic Therapy
Miltiadis **Matsagkas**

Mayor of Kalavrita
Athanasios **Papadopoulos**

Respected Metropolitan of Kalavrita
Ieronimos

20.45-21.10 **Opening Lecture**

Chair: Alexandros **Tselepis**

The Psychological and Social Impact of the Quarantine in COVID-19
Pandemic

Thanos **Askitis**

Saturday, May 22nd, 2021

08.30-10.00 **How to Treat Session. Practical Guidance in Antithrombotic Therapy**

Moderators: Dimitrios **Alexopoulos**, Anastasios **Spanos**

Managing Tough Anticoagulation Cases - What Would YOU Do?
Kalliroi **Kalantzi**

A 60 Years Old Patient with Pancreatic Cancer Who Develops A Pulmonary Embolism
Konstantinos **Pappas**

A 70 Years Old Patient with ESRD and Atrial Fibrillation
Athanasios **Pipilis**

A pregnant woman with mechanical valve thrombosis
Gregory **Pattakos**

Chronic thromboembolic pulmonary hypertension
Christos **Pappas**

The do's and the don'ts in a hypertensive patient with Transient ischemic attack
Christos **Savopoulos**

10.00-10.30 **Break**

10.30-11.30 **Advanced Clinical Workshop: Antithrombotics in Coronary Artery Disease**

Chairs: Periklis **Davlouros**, Fragiskos **Parthenakis**

Discussants: Despoina **Pantazi**, Louiza **Peclivani**

Antithrombotic Treatment before, during and after PCI
Dimitrios **Alexopoulos**

Bleeding after an ACS: what are you doing with the antithrombotic therapy
Eugenia **Pappa**

Antithrombotic therapy for patients with chronic coronary syndromes
John **Kanakakis**

11.30-12.00 **Satellite Lecture**

(see page x)

Saturday, May 22nd, 2021

12.00-13.30 **Meet the Experts session: Risk assessment of thrombosis in hematological disorders**

Chairs: Eleftheria **Hatzimichael**, Efrosyni **Nomikou**

Thromboinflammation and sickle cell disease
Efthimia **Vlachaki**

Multiple myeloma - associated coagulopathy
Evdoxia **Hatjiharissi**

Thrombotic complications of myeloproliferative neoplasms
Elissavet **Grouzi**

PNH associated thrombosis
Styliani **Kokkori**

Mechanisms and management of coagulopathy
in acute promyelocytic leukemia
Vassilios **Perifanis**

13.30-14.30 **Clinical Seminar. Management of acute ischemic stroke**

Chairs: Konstantinos **Vemmos**, Eleni **Koromboki**

Dissolving the thrombus
Vasilios **Papavasileiou**

Dissolving the thrombus in a patient on anticoagulation
Georgios **Ntaios**

Retrieving the embolus
Panagiotis **Papanagiotou**

14.30-15.30 **Break**

Saturday, May 22nd, 2021

15.30-17.00 **Plenary session: New Insights in Cancer-Associated Thrombosis (CAT)**

Chairs: Grigoris **Gerotziafas (France)**, Maria **Papaioannou**

Discussants: Katerina **Pappa**, Virginia **Blani**

Pathophysiological mechanisms underlying CAT

Alexandros **Tselepis**

Biomarkers for CAT prediction

Benjamin **Brenner (Israel)**

Risk assessment models for VTE in cancer patients

Grigoris **Gerotziafas (France)**

Treatment of bleeding in cancer patients

Stavroula **Tsiara**

Anticoagulants in CAT. When to choose a LMWH or a DOAC?

Miltiadis **Matsagkas**

Prevention and treatment of CAT practice guidelines.

Consensus or Confusion?

James **Douketis (Canada)**

17.00-17.30 **Break**

Saturday, May 22nd, 2021

17.30-19.30 **Meet the Experts. Perioperative Management of Antithrombotics**

Chairs: John **Goudevenos**, Eleni **Arnaoutoglou**

Perioperative management of antiplatelets. An update
Petros **Tzimas**

Thromboprophylaxis in Orthopaedic interventions
Anastasios **Korompilias**

VTE prevention for patients undergoing major Surgery for gastrointestinal and hepato-pancreato-biliary malignancies
Georgios **Glantzounis**

Perioperative myocardial infarction in the twilight zone between a surgeon and a cardiologist. The role of anaesthesiologist
Eleni **Arnaoutoglou**

DOACs Timing of interruption before elective procedures or surgery
Dimitrios **Nikas**

DAPI in PAD. Just indications or evidence?
Miltiadis **Matsagkas**

Perioperative anticoagulant management: what have we learned in 2020?
James **Douketis (Canada)**

19.30-19.50 **Keynote Lecture**

Chairs: James **Douketis (Canada)**, Fragiskos **Parthenakis**

Anticoagulant Strategies for Thromboprophylaxis in Sick, Hospitalized COVID-19 Patients
Alex **Spyropoulos (USA)**

Saturday, May 22nd, 2021

19.50-21.20 **Plenary Session. New insights into the role of PCSK9 and Lipoproteins in Atherosclerosis and Thrombosis. From Pathophysiology to Therapy**

A joint session of EMLTD with Hellenic Atherosclerosis Society

Chairs: Alexandros **Tselepis**, Evangelos **Liberopoulos**

Discussants: Amalia Despoina **Koutsogianni**, Katerina **Tsouka**

PCSK9 in Atherosclerosis and Thrombosis - Lipids and Beyond
Alexandros **Tselepis**

HDL as an Antiatherogenic and Antithrombotic Lipoprotein.
Recent Advances
Kyriakos **Kypreos**

Eligibility for PCSK9 Inhibitors Treatment in ACS and chronic
coronary artery disease
Evangelos **Liberopoulos**

Stroke Prevention with PCSK9 Inhibitors
Haralampos **Milionis**

Efficacy and Safety of PCSK9 Inhibitors in Patients with Low Extremity
Arterial Disease
Vasileios **Kotsis**

The Effect of PCSK9 Inhibition on the VTE Risk
Theodosios **Filippatos**

Sunday, May 23rd, 2021

09.00-11.00 Pathogenesis of ischemic stroke: Heart and Vessels

Chairs: Haralampos **Milionis**, Christos **Savopoulos**,
Athanasios **Protogerou**

Secondary prevention in patients with cryptogenic stroke and PFO
Nikolaos **Kakaletsis**

Lipid lowering treatment in the secondary prevention of ischemic
stroke
Fotios **Barkas**

Role of lipoprotein(a) in the pathogenesis of ischemic stroke
Panagiotis **Korantzopoulos**

Non-stenotic atheromatous plaques and cryptogenic embolic stroke:
potential relationship, attributable risk and management
Matilda **Florentin**

Anemia and stroke: Where do we stand?
Georgia **Kaiafa**

COVID-19 and ischemic stroke
Dimitrios **Sagris**

11.00-11.30 **Break**

11.30-12.30 Challenging the risk and management in Women Thrombosis

Chairs: Minas **Paschopoulos**, Grigoris **Gerotziafas**

Hormones, venous and arterial thrombosis in Women
Ploutarchos **Tzoulis**

To screen or not to screen for thrombophilia in a Pregnant Women
or in a Women trying to conceive?
Eleftheria **Lefkou**

Thrombosis in pregnancy: Prophylaxis and treatment
Sue **Pavord (UK)**

Sunday, May 23rd, 2021

12.30-14.30 **Plenary Session. Recent Advances in VTE pathophysiology and treatment**

A special session organized by the EMLTD Executive Board

Chairs: Lina **Badimon (Spain)**, Alexandros **Tselepis**

New insights into the pathophysiology of VTE
Teresa **Padró (Spain)**

Contribution of thrombophilia to the development of chronic thromboembolic pulmonary hypertension (CTEPH)
Vittorio **Pengo (Italy)**

How to treat pediatric venous thromboembolic disease
Gili **Kenet (Israel)**

Managing pulmonary embolism posthospital discharge
Joao **Morais (Portugal)**

A

Alexopoulos Dimitrios

Professor of Cardiology, School of Medicine, National & Kapodistrian University of Athens, Second Department of Cardiology, Athens University General Hospital "ATTIKON"

Arnaoutoglou Eleni

Professor of Anesthesiology, Faculty of Medicine, University of Thessaly, Chair of Department of Anesthesiology, Larissa University Hospital

Askitis Thanos

Neurologist – Psychiatrist, Professor of Psychiatry, European University of Crete, Doctor of Psychiatry of the University of Athens, President of the Institute of Mental & Sexual Health, President of the Hellenic Society of Mental & Sexual Education

B

Badimon Lina (Spain)

Professor, Director, Cardiovascular Program-ICCC, Research Institute-Hospital de la Santa Creu i Sant Pau, IIBSant Pau, CiberCV, Barcelona, Spain, Member of the Board of the European Society of Cardiology 2020-2022, President of EMLTD Foundation - European Mediterranean League Against Thrombotic Diseases

Bampali Theodora

Assistant Curator, 2nd Department of Cardiology, Chest and Heart Department, Ioannina University Hospital

Barkas Fotios

MD, MSc, PhD, Assistant Internist, 2nd Department of Internal Medicine, University Hospital of Ioannina

Bellos Vasileios

Cardiologist

Blani Virginia

Cardiologist

Botis Michail

Cardiologist

Brenner Benjamin (Israel)

Department of Hematology, Academic Advisor, Rambam Health Care Campus, Professor of Medicine (Emeritus), Technion, Israel Institute of Technology, Haifa, Israel

D

Danilatou Vasiliki

Hematologist, Curator of Blood Donation Center and Department of Hemostasis and Anticoagulant Treatment, General Hospital of Heraklion "Venizelio"

Davlouros Periklis

Professor of Cardiology, Faculty of Medicine, University of Patras, Head of Cardiology Clinic, University Hospital of Patras

Douketis James (Canada)

Professor, Department of Medicine, McMaster University, Hamilton, Canada

E

Ellul John

Professor of Neurology, Faculty of Medicine, School of Health Sciences, University of Patras

F

Filippatos Theodosios

Assistant Professor of Internal Medicine, Metabolic Diseases Research Unit, Internal Medicine Laboratory, School of Medicine, University of Crete

Florentin Matilda

Medical doctor Department of Internal Medicine Faculty of Medicine School of health Science University of Ioannina

INDEX / INVITED FACULTY

G

Gerotzifas Grigoris (France)

Professor of Hematology-Hemostasis, Faculty of Medicine, University Pierre et Marie Curie Paris, France

Giannopoulos Sotirios

Professor of Neurology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Glantzounis Georgios

Surgeon, Professor of Surgery-Transplants, Faculty of Medicine, School of Health Sciences, University of Ioannina

Goudevenos John

Emeritus Professor of Cardiology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Grouzi Elissavet

Consultant of Hematology, Head of Transfusion Service and Clinical Haemostasis, "St Savvas" Oncology Hospital, Athens, Greece

H

Hahalís George

Professor of Cardiology, Faculty of Medicine, University of Patras, Cardiology Clinic, Olympion Patras

Hatjiharissi Evdoxia

Hematologist, Division of Hematology, 1st Dept of Internal Medicine, AHEPA University Hospital, Thessaloniki

Hatzimichael Eleftheria

Assistant Professor of Haematology, Faculty of Medicine, School of Health Sciences, University of Ioannina

I

Ieronimos

Respected Metropolitan of Kalavrita

Iliopoulos Dimitrios

MD, Cardiac Surgeon, Associate Professor of Cardiac Surgery, National and Kapodistrian University of Athens

K

Kaiafa Georgia

Assistant Professor, 1st Educational Pathology Clinic, Faculty of Medicine, Aristotle University of Thessaloniki

Kakaletsis Nikolaos

MD, MSc (ESO Stroke Medicine), PhD, Internist, Second Medical Department, Ippokratío General Hospital, Aristotle University of Thessaloniki, Postdoctoral Researcher, Medical School, Aristotle University of Thessaloniki, Thessaloniki, Greece

Kalambokis Georgios

Assistant Professor of Internal Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina, 1st Department of Internal Medicine, University Hospital of Ioannina

Kalantzi Kalliroy

Cardiologist, Dr of University of Ioannina

Kanakakis John

Head of Hemodynamic Department, General Hospital of Athens "Alexandra", President of Hellenic Society of Cardiology

Katsouras Christos

Associate Professor of Cardiology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Kenet Gili (Israel)

Professor, Director, National Hemophilia Center and the Institute of Thrombosis & Hemostasis, Director Amalia Biron Research Institute of Thrombosis & Hemostasis, Sheba Medical center, Israel

Kiriakou Elias

Hematologist, Curator of Hematology Laboratory & Blood Donation Service, Athens University General Hospital "ATTIKON"

Kochiadakis Georgios

Dean of Medical School, University of Crete, Professor of Cardiology, Vice President of the Hellenic Society of Cardiology

Kokkori Styliani

Assistant Professor of Hematology, School of Medicine, National & Kapodistrian University of Athens, Athens University General Hospital "ATTIKON"

Korantzopoulos Panagiotis

Associate Professor of Cardiology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Koromboki Eleni

Curator of Internal Medicine, Department of Clinical Therapeutics, Alexandra General Hospital of Athens

Korompilias Anastasios

Professor of Orthopedics, Faculty of Medicine, School of Health Sciences, University of Ioannina

Kotsis Vasileios

Professor of Pathology, 3rd University Pathology Clinic, General Hospital of Thessaloniki "Papageorgiou"

Koutsogianni Amalia Despoina

Scientific Associate, Department of Chemistry, University of Ioannina

Kypreos Kyriakos

Professor of Pharmacology, Chairman of Pharmacology Laboratory, Department of Medicine, School of Health Sciences, University of Patras

L

Lefkou Eleftheria

Curator Haematologist, Specialised in Haemostasis & Thrombosis, Obstetric Haematology, Antiphospholipid Syndrome

Liberopoulos Evangelos

Associate Professor of Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina

M

Matsagkas Miltiadis

Professor of Vascular Surgery, Department of Vascular Surgery, Faculty of Medicine, University of Thessaly

Milionis Haralampos

Professor of Internal Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina

Mitsiadis Sotirios

Cardiologist

Mitsias Panagiotis

Professor of Neurology, Faculty of Medicine, University of Crete, Director of Neurological Clinic, University General Hospital of Heraklion

Morais Joao (Portugal)

Cardiologist, Professor in Oporto Medical School, Head of the Cardiology Division Leiria Hospital Centre, Portugal

INDEX / INVITED FACULTY

N

Nikas Dimitrios

MD, MSc, PhD, FESC, Interventional Cardiologist, Cardiology Department, University General Hospital of Ioannina

Nikolopoulos Dimitrios

Cardiologist

Nomikou Efrosyni

Hematologist, Director, National Health Care System of Blood Donation, Department of Haemophiliac, "Hippokration" General Hospital, Athens

Ntaios Georgios

MD, MSc (ESO Stroke Medicine), PhD, FESO, Associate Professor of Pathology, Faculty of Medicine, School of Health Sciences, University of Thessaly

P

Padró Teresa (Spain)

PhD, FESC, Senior Researcher (Head of Group), Cardiovascular Program ICCG, Institut Recerca-Hospital de la Santa Creu i Sant Pau, Barcelona, Spain

Pantazi Despoina

Scientific Associate, Department of Chemistry, University of Ioannina

Panteli Katerina

Director of Internal Medicine, University General Hospital of Ioannina

Papadopoulos Athanasios

Mayor of Kalavrita

Papaioannou Maria

Professor of Haematology, Faculty of Medicine, School of Health Sciences, Aristotle University of Thessaloniki, 1st Department of Internal Medicine, AHEPA University Hospital, Thessaloniki

Papanagiotou Panagiotis

Associate Professor of Radiology, National & Kapodistrian University of Athens, Professor of Neuroradiology, Bremen-Mitte Hospital, Germany

Papavasileiou Vasileios

MD, MSc (Stroke Medicine), PhD, FESO, MRCP (London), Consultant in Stroke Medicine, Teaching Hospital NHS Trust, Leeds, UK, Senior Honorary Lecturer, Medical School, University of Leeds, Leeds, UK

Pappa Katerina

Gastroenterologist

Pappa Eugenia

Cardiologist – Director, General Hospital of Ioannina "G. Hatzikosta"

Pappas Christos

Cardiologist, Curator 2nd University Cardiology Clinic, Athens University General Hospital "ATTIKON"

Pappas Konstantinos

Cardiologist, Consultant, National Health Care System, Second Department of Cardiology, University General Hospital of Ioannina

Parthenakis Fragiskos

Professor of Cardiology, Faculty of Medicine, University of Crete

Paschopoulos Minas

Professor of Obstetrics – Gynecology, Head of Obstetrics - Gynecology Clinic, Faculty of Medicine, School of Health Sciences, University of Ioannina, Vice Rector of the University of Ioannina

Pattakos Gregory

Attending Surgeon, 2nd Department of Cardiac Surgery, Assistant Director, Division of Transcatheter Heart Valves, Hygeia Hospital

Pavord Sue (UK)

Consultant Haematologist , Oxford University Hospitals , Associate Senior Lecturer in Medicine, University of Oxford

Peclivani Louiza

Scientific Associate, Department of Chemistry, University of Ioannina

Pengo Vittorio (Italy)

Professor of Cardiovascular Medicine (senior scientist), Thrombosis Research Laboratory, University of Padova, Bologna, Italy

Perifanis Vassilios

Assistant Professor of Hematology Faculty of Medicine, Aristotle University of Thessaloniki, 1st Propedeutic Department of Internal Medicine, University General Hospital of Thessaloniki "AHEPA"

Petroula Nana

Department of Vascular Surgery, General University Hospital of Larissa

Pipilis Athanasios

Cardiologist, Consultant, First Department of Cardiology, "Hygeia" Diagnostic and Therapeutic Centre of Athens

Primikiris Vasileios

General Practitioner

Protogerou Athanassios

MD, PhD, Professor of Pathological Physiology, Head of the Cardiovascular Prevention & Research Unit, Clinic & Laboratory of Pathophysiology, Department of Medicine, School of Health Sciences, National and Kapodistrian University of Athens

R

Richter Dimitrios

Cardiologist, Director of Cardiology Clinic, "Euroclinic" Athens

S

Sagris Dimitrios

Internist - Clinical Research Fellow, Department of Medicine and Research Laboratory, University of Thessaly, Larissa University Hospital

Savopoulos Christos

Professor of Internal Medicine, Director of 1st Medical Propedeutic Dept of Internal Medicine & Stroke Unit, Aristotle University of Thessaloniki, AHEPA University Hospital

Siontis Konstantinos (USA)

Senior Associate Consultant, Assistant Professor of Medicine, Heart Rhythm Services, Department of Cardiovascular Medicine, Mayo Clinic, Rochester

Spanos Anastasios

MD, PhD, FESC, FSCAI, Rear Admiral - Cardiologist, Former Director of Cardiology Clinics, Navy Hospital of Athens, Director of Cardiology Department, Athens Medical Center & Euroclinic of Athens

Spyropoulos Alex (USA)

Professor of Medicine, The Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, Professor - The Institute for Health Innovations and Outcomes Research - The Feinstein Institutes for Medical Research System Director - Anticoagulation and Clinical Thrombosis Services Northwell Health at Lenox Hill Hospital

T

Toutouzas Kostas

Professor of Cardiology, School of Medicine, National & Kapodistrian University of Athens, 1st University Cardiology Clinic General Hospital of Athens "Hippocratico"

Tsagalidou Eugenia

Cardiologist

INDEX / INVITED FACULTY

Tselepis Alexandros

Professor of Biochemistry - Clinical Chemistry, Department of Chemistry, University of Ioannina

Tsiara Stavroula

Associate Professor of Internal Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina

Tsvigoulis Georgios

Professor of Neurology, School of Medicine, National & Kapodistrian University of Athens, Second Department of Neurology, Athens University General Hospital "ATTIKON"

Tsouka Katerina

Scientific Associate, Department of Chemistry, University of Ioannina

Tzimas Petros

Assistant Professor in Anaesthesiology, Faculty of Medicine, School of Health Sciences, University of Ioannina

Tzoulis Ploutarchos

Honorary Associate Professor of Endocrinology, Medical School, University College London (UCL), Director of the Endocrinology / Diabetology and Pathology Clinic Collaborator of IASO General Maternity and Gynecology Clinic

V

Vemmos Konstantinos

Pathologist, Stroke Specialist, Hellenic Society of Cardiology

Vlachaki Efthimia

Assistant Professor of Haematology, Faculty of Medicine, School of Health Sciences, Aristotle University of Thessaloniki

Vlahakos Dimitrios

Professor of Nephrology, School of Medicine, National & Kapodistrian University of Athens, 2nd Educational Pathology Clinic, Athens University General Hospital "ATTIKON"

Z

Zekios Konstantinos

Cardiologist

■ DATE & VENUE

The **Advanced Learning on Platelets and Thrombosis International Course (ALPIC 2021)** is held from **Friday, May 21st** to **Sunday, May 23rd 2021** in Kalavrita, Greece, at Kalavrita Canyon Hotel.

The **ALPIC 2021** will be realized in Kalavrita Canyon Hotel, a 4* hotel situated in **Kalavrita**, Achaia region of Peloponnese, Greece. In the heart of the beautiful and historic town of Kalavrita, **ALPIC 2021** will be actualized in the hotel's Conference Halls. The Conference will be conducted in a hybrid manner (with physical presence of a number of participants and simultaneous on Digital Broadcast). In case, for epidemiological reasons, the conference cannot be held with physical presence, it will be held entirely online.

■ ABOUT KALAVRITA

Kalavrita is a town in the mountainous east-central part of the regional unit of Achaia in Peloponnese, Greece. The town is located 24 kilometres south of Aigio and 40 km southeast of Patras. Kalavrita is surrounded by beautiful mountains Erymanthos in the west and Chelmos in the southeast.

Kalavrita area brings together a large number of attractions of historical and religious significance and natural beauty. The Vouraikos Canyon is among the Global Network of Geoparks, which was established under the auspices of UNESCO, and a geological monument of world heritage. This natural richness of the Greek geological heritage can be admired in a magical journey with **the cog of Kalavrita**. The **Cave of the Lakes** is also a work of nature worth to visit just minutes away from the town of Kalavryta. In the **Monastery of the Great Cave** you can admire one of the four projects of the Evangelist Luke, the embossed image of the Virgin Chrysospilotissa while **Holy Agia Lavra Monastery** holds the first place as a national-religious pilgrimage and is a unique historical monument. The **Museum of the Holocaust** the historic Elementary school which houses the history and the memory of the 1943 drama in Kalavrita. The **Place of Sacrifice** is located a few meters outside the city, the sacred place where the massacre of Kalavryta took place. The destination of Kalavryta is ideal for those who love nature and sports suitable for all seasons. The activities vary according to your desire and mood. During winter time, snow lovers have the opportunity to enjoy **the snowy ski resort** to take a walk or indulge in their favorite activities such as ski, snowboard, ski mobiles. During the other seasons of the year however, the proposed activities are numerous.

A large number of trails of all difficulty levels, suitable for **Hiking and Mountaineering**, that all have something in common: the opportunity to admire the unique beauty of the Greek nature. These images of nature can also be admired by anyone engaged in sports in the river **Ladon kayaking or rafting**.. A few adventurous have the opportunity to gaze nature from above by **paragliding**.

For those seeking the coolness combined with trips to the beach during the summer, Kalavrita is a destination located just 30 minutes away from two **beaches** with crystal-clear waters.

GENERAL INFORMATION

■ LANGUAGE

The official languages of the Course are **Greek** and **English**. The English language may be used widely especially in the presentations of the speakers to encourage the interaction in all scientific sessions of the English speaking faculty.

■ REGISTRATIONS

Registration Fee: 200.00 euros + 24% VAT

Registration Fee includes:

- Access to Conference & exhibition area
- Conference material (e-program & e-badge & codes for digital access)
- e-Certificate of attendance
- Attendance at the organized Coffee breaks during the Scientific Program

Digital Registration Fee: 50.00 euros + 24% VAT

Digital Registration Fee includes:

- Access to digital Conference
- Conference material (e-program & codes for digital access)
- e-Certificate of attendance

■ CREDITS

The Congress will be accredited with C.M.E. Credits by the Panhellenic Medical Association.

■ CERTIFICATE OF ATTENDANCE

Continuing Medical Education Credits will be awarded by the Panhellenic Medical Association. All registered to the Course will have their e-badge and codes (username and password) for digital access that will count the time of attendance (physically or virtually). Each (1) credit of Continuing Medical Education corresponds to one full hour attendance. Participants can download their Certificates 2 dates after the end of the Course from the site of Congress World <https://certificates.congressworld.gr/gr/congress>.

■ CONTACT



Congress World

27, Michalakopoulou Ave, 115 28, Athens Greece
Tel: +30 (210) 7210001, 7210052, 7222518, 7210025
E-mail: info@congressworld.gr, ea@congressworld.gr
www.congressworld.gr