



*In the memory of  
Fotini Papadopoulou*

# 7<sup>th</sup> COMBO Endocrinology Course & Live Workshops

**Diabetes and Endocrine related Cancer:  
Novel Mechanisms and Novel Therapies**

*«Stay small, perform with distinction»*

**4<sup>th</sup> - 6<sup>th</sup>  
OCTOBER 2019**

**Ever Eden Hotel  
ANAVISSOS, ATTIKI - GREECE**

**SPEAKERS AND TUTORS**

Assie Guillaume, FRANCE  
Brabant Georg, GERMANY  
Castagna Maria Grazia, ITALY  
Dworakowska Dorota, POLAND  
Christ Emmanuel, SWITZERLAND  
Gastaris Kostas, ENGLAND  
Kaltsas Gregory, GREECE  
Macut Djuro, SERBIA  
Pasqualli Renato, ITALY  
Peppa Melpomeni, GREECE  
Pfeifer Marija, SLOVENIA  
Pignatelli Duarte, PORTUGAL  
Popovic Vera, SERBIA  
Ruchala Marek, POLAND  
Theodoropoulou Marily, GERMANY  
Vella Veronica, ITALY  
Yavropoulou Maria, GREECE



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# WELCOME LETTER

*A Comprehensive monothematic Course to guide how to improve the quality of your practice for you and your patients.*

This is the seventh year of the new series of «COMBO - ENDOCRINOLOGY» comprehensive, annual course.

The main goal of the Combo Endo course, series, is to provide trainees, fellows and early career professionals with a complete, in-depth knowledge on **specific hot topics of Endocrinology in a combined (Combo Endo) approach with other medical/surgical/laboratory and imaging specialties**. COMBO ENDOCRINOLOGY meetings are monothematic courses providing knowledge on a different endocrine entity each year, through lectures, meet-the-expert sessions and case presentations, keeping participants on the cutting edge of scientific information and clinical best practice in Endocrinology and Diabetes.

*This year's theme will be*

## **«Diabetes and Endocrine related Cancer: Novel Mechanisms and Novel Therapies»**

*This course is designed as an educational tool in order participants, endocrinologists and other specialists, to understand the pathophysiology endocrine related cancer and Diabetes in order to use it as a practical manual for the management of patients, with this type of endocrine malignancies. Specifically this year's course is dedicated to **Diabetes and endocrine related cancer: Novel mechanisms and Novel therapies** will help us to realize how much progress has been made in the field of endocrine oncology, thanks to «combo» approach with many other specialties. Progress has been spectacular with tremendous achievements in the management of patients with endocrine tumors. However since this process is steadily accelerated, undoubtedly the updating of knowledge exchange in real life situation as it takes place in the workshops of the COMBO ENDO has been proved so far a training experience. **Therefore the Highlights of this course are the workshops** where participants under the guidance of their tutor in a particularly interactive way, are encouraged to understand the approach of real clinical cases, exchange ideas with their peers, be taught by experts and present case scenarios in a virtual conference setting.*

What is most important in the **7<sup>th</sup> COMBO ENDO** International course idea, which is constantly supported by **European Endocrine Society, Hellenic Endocrine Society and HYGEIA Hospital, Athens Greece**, is that it has been found fertilizing ground among inspired colleagues and in a growing number of young physicians of several specialties. Consequently, a debt of gratitude is owed to each one of the distinguished tutors and speakers, who are embarking on their scientific topics and are serving our ultimate targets of applied endocrinology combining education with clinical practice! Therefore, from heart thanks to their synergistic confluence that has given life to **7<sup>th</sup> COMBO ENDO**, a very demanding and highly aiming interactive course. My sincere thanks go to generous financial supporters who against all odds have helped us to make steps steadily forward and sustained the scientific strength to pursue our dreams in sharing the knowledge of Endocrinology and Diabetes.

For the successful conduct and organization of a conference, its financial support, which is based on companies' sponsorships, is necessary. For this reason, we would greatly appreciate it, if your company contributes financially to our effort.

Yours,

**Evanthia Diamanti-Kandarakis MD, PhD**

*Professor of Internal Medicine, Endocrinology & Metabolism*

*Director of Endocrinology, Diabetes & Metabolism Department, Hygeia Hospital, Athens, Greece*

*President of the Course*



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## PROGRAM

### Day 1: Friday 4<sup>th</sup> of October 2019

13:00-15:00 REGISTRATIONS

15:00-15:30 Welcome to the 7<sup>th</sup> COMBO ENDO

Participants introduce themselves

*Chairs: George Trovas & Evanthia Diamanti-Kandarakis*

Lecture in the memory of Fotini Papadopoulou

*Evanthia Diamanti-Kandarakis*

15:30-20:30 SESSION 1

15:30-16:00 LECTURE 1: STATE OF THE ART

*Chairs: Leonidas Duntas & Evangelia Kanaki*

Metabolic reprogramming in thyroid carcinoma

*Vella Veronica*

16:00-17:45 WORKSHOP 1: Novel therapies in thyroid cancer and neuroendocrine tumors

*Chairs: Polyzois Makras & George Trovas*

*Teaching using case scenarios and consultation techniques -*

*Interactive Program - 20 min Tutorial, per tutor per topic*

*Groups: (G1+G2+G3+G4)*

**G1:** Endocrinopathies of cancer related therapies: immune checkpoint inhibitors lead the way

*Kostas Gastaris*

**G2:** Current advances in thyroid cancer management.

Are we ready for the epidemic rise of diagnoses?

*Marek Ruchala*



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## Day 1: Friday 4<sup>th</sup> of October 2019

**G3:** The dilemma of metastatic medullary thyroid carcinoma:  
when to start systemic treatment

**Maria Grazia Castagna**

**G4:** Somatostatin analogs in the treatment of neuroendocrine tumors:  
current and emerging aspects

**Gregory Kaltsas**

17:45-18:00 COFFEE BREAK

18:00-19:30 **Case preparation** @ per tutor per group

19:30-20:30 All Groups together (G1+G2+G3+G4)  
**Case Presentation** by participants - 15 min/case and discussion  
*Chairs: Spiros Karras @ Anna Angelousi*

21:00- 23:00 DINNER

## Day 2: Saturday 5<sup>th</sup> of October 2019

09:00-14:00 **SESSION 2**

**DIABETES, CALCIUM AND CANCER**

09:00-09:30 **LECTURE 2: STATE OF THE ART**

*Chairs: Marek Ruchala @ Ioannis Androulakis*

The 'obesity paradox' in action with cancer immunotherapy  
**Renato Pasquali**

09:30-11:00 **WORKSHOP 2: Cancer related diabetes, calcium and metabolic abnormalities**

*Chairs: Georgia Kassi @ Themistoklis Tzotzas*

*Teaching using case scenarios and consultation techniques -  
Interactive Program - 20 min Tutorial, per tutor per topic  
Groups: (G1+G2+G3+G4)*



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## Day 2: Saturday 5<sup>th</sup> of October 2019

**G1:** Diabetes, antihyperglycemic medications and cancer risk: smoke or fire?

**Melpomeni Peppa**

**G2:** Imaging in the investigation of hypoglycaemic syndromes

**Emmanuel Christ**

**G3:** Hypercalcemia of malignancy and new treatment options

**Maria Yavropoulou**

**G4:** Long-Term endocrine and metabolic consequences of cancer treatment

**Georg Brabant**

11:00-11:30 COFFEE BREAK | 7<sup>th</sup> COMBO ENDO PHOTO

11:30-13:00 Case preparation @ per tutor per group

13:00-14:00 All Groups together (G1+G2+G3+G4)  
**Case Presentation** by participants - 15 min/case and discussion  
**Chairs:** Areti Korakovouni @ Ilias Perogamvros

14:00-16:30 LUNCH BREAK

16:30-20:40 **SESSION 3**

16:30-18:00 **WORKSHOP 3: Pituitary tumors related endocrinopathies**  
**Chairs:** Vera Popovic @ Panagiotis Nomikos

*Teaching using case scenarios and consultation techniques -  
Interactive Program - 20 min Tutorial, per tutor per topic  
Groups: (G1+G2+G3+G4)*

**G1:** The diagnosis, treatment, follow-up, and prognosis of craniopharyngioma patients

**Vera Popovic**



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## Day 2: Saturday 5<sup>th</sup> of October 2019

**G2:** Aggressive and malignant pituitary tumors

**Dorota Dworakowska**

**G3:** Malignant prolactinomas

**Djuro Macut**

**G4:** Pituitary metastasis: a rare condition

**Evanthia Diamanti-Kandarakis**

18:00-18:10 COFFEE BREAK

18:10-19:40 Case preparation & per tutor per group

19:40-20:40 All Groups together (G1+G2+G3+G4)  
Case Presentation by participants - 15 min/case and discussion  
Chairs: Renato Pasqualli & Garyfallia Tzifa

21:00 DINNER

## Day 3: Sunday 6<sup>th</sup> of October 2019

09:30-14:00 SESSION 4

ENDOCRINOPATHIES RELATED TO ADRENAL MALIGNANCIES

09:30-10:00 LECTURE 3: STATE OF THE ART  
Chairs: George Mastorakos & Ioannis-Anastasios Vatalas

It's all in the DNA: understanding and managing endocrine neoplasms  
Guillaume Assie



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## Day 3: Sunday 6<sup>th</sup> of October 2019

### 10:00-11:00 **WORKSHOP 4: Endocrinopathies related to adrenal malignancies**

**Chairs: Anna Garidou & Kostas Phenekos**

*Teaching using case scenarios and consultation techniques -*

*Interactive Program - 20 min Tutorial, per tutor per topic*

*Groups: (G1+G2+G3+G4)*

**G1: Management of malignant pheochromocytoma**

**Marija Pfeifer**

**G2: Tumor-directed therapeutic targets in cushing disease**

**Marily Theodoropoulou**

**G3: Adrenal carcinoma classic and novel therapeutic targets:**

**The role of mitotane**

**Guillaume Assie**

**G4: Von Hippel-Lindau disease: a single gene, several hereditary tumors**

**Duarte Pignatelli**

### 11:00-11:30 **COFFEE BREAK**

11:30-13:00 **Case preparation** & per tutor per group

13:00-14:00 All Groups together (G1+G2+G3+G4)

**Case Presentation** by participants - 15 min/case and discussion

**Chairs: Evangelia Zapanti, Ioannis Ilias & Eleni Pantazi**

*Come back for*

**8<sup>th</sup> COMBO ENDO** *on* **25-27/9/2020**

## **PROFESSIONAL CONGRESS SECRETARIAT**

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