

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE



DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE  
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

Director: Professor G.N. Dalekos

In cooperation with:



HELLENIC ASSOCIATION FOR THE STUDY OF LIVER DISEASES



HSO

HELLENIC STROKE ORGANIZATION

Under the auspices of the:



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

# 8<sup>th</sup> Larissa

# International Congress of Internal Medicine

**March 17-19, 2016**

Larissa Imperial Hotel

**LARISSA, GREECE**

<http://www.internalmedicine-uth.gr>

The Congress will be submitted to be approved with Continuing Medical Education (C.M.E.) Credits  
by the Panhellenic Medical Association

## Preliminary Programme



## WELCOME MESSAGE

Dear colleagues,

On behalf of the Organizing Committee, it is a great pleasure to welcome and invite you all to the **8<sup>th</sup> Larissa International Congress of Internal Medicine**, which will take place on **17-19 March, 2016** at Larissa Imperial Hotel, in **Larissa, Greece**.

The Congress is organized with the joint effort of the **Institute of Internal Medicine and Hepatology** and the **Department of Medicine and Research Laboratory of Internal Medicine of the University of Thessaly Medical School, Larissa, Greece**.

We are also glad that the Congress is organized in cooperation with the **Hellenic Association for the Study of Liver Diseases** and the **Hellenic Stroke Organization**, under the auspices of the University of Thessaly Medical School.

The Organizing and Scientific Committees, aiming to keep up with the educational nature of the previous successful Congresses, have prepared a stimulating scientific programme that will bring topics with broad, interdisciplinary interest to open dialogue and highlight the latest scientific achievements in a variety of diseases encountered in everyday clinical practice of Internal Medicine.

The multi topic scientific programme, given the importance of the international character of the Congress, is designed to feature rather interesting plenary state-of-the-art lectures, delivered by leading foreign and Greek experts, round tables designed in collaboration with different Scientific Societies covering hot topics and current issues in the field of Internal Medicine, up-to-date symposia along with satellite lectures and symposia.

Furthermore, the Congress will provide young-and not only-colleagues with a great opportunity to present their work, research and clinical experience through oral and poster presentations covering various section fields of Internal Medicine. Therefore we encourage interested colleagues to actively participate in the programme and submit abstracts of their work through the website of the Congress.

We trust that the three days experience in the Congress will become a great opportunity for younger to learn from the older, for experts to share their valuable knowledge and for all to gain from rewarding presentations and discussions.

Hoping to join us and meeting you all in Larissa in March 2016!

Best regards,

The President of the Organizing Committee

**George N. Dalekos**

*Professor of Medicine,*

*President, Institute of Internal Medicine and Hepatology,*

*President, Hellenic Association for the Study of Liver Diseases,*

*Vice President, Internal Medicine Society of Northern Greece,*

*Head, Department of Medicine and Research Laboratory of Internal Medicine,*

*Medical School, University of Thessaly, Larissa, Greece*

# ORGANIZATION

## Organizers:



**INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE**



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE,  
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

**Director: Professor G.N. Dalekos**

## ORGANIZING COMMITTEE

**President:** G.N. Dalekos

**Members:** K. Krapis C. Mandros  
K.P. Makaritsis G. Ntaios

## SCIENTIFIC COMMITTEE

### Members:

A. Aghemo	K. Fountas	J. Koskinas	P.P. Sfikakis
E. Berge	A. Garyfallos	C. Labropoulou-Karatza	A. Stefanos
Y. de Boer	N. Gatselis	K.P. Makaritsis	G. Stergiou
M. Buti	S. Georgiadou	E. Maltezos	A. Tselepis
C. Cordonnier	H. Giamarellou	G. Mieli-Vergani	E.V. Tsianos
M. Cornberg	C. Gogos	H.M. Moutsopoulos	B. Van Der Worp
G.L. Daikos	S. Gravas	G. Ntaios	R. Veltkamp
G.D. Dimitriadis	D.I. Hadjidakis	G. Papatheodoridis	K. Vemmos
M.-A. Dimopoulos	A. Hatzitolios	D. Papazoglou	D. Vergani
S. Dourakis	M. Heneghan	G. Petrikos	D. Vlahakos
J.P. Drenth	H. Hofer	S.A. Raptis	K. Zachou
M. Elisaf	R. Jalan	E.I. Rigopoulou	
R. Esteban	N.L. Katsilambros	K. Ritis	
U. Fischer	G.D. Kitas	G. Samonis	

## In cooperation with:



**HELLENIC ASSOCIATION FOR THE STUDY OF LIVER DISEASES**



**HELLENIC STROKE ORGANIZATION**

### HELLENIC ASSOCIATION FOR THE STUDY OF LIVER DISEASES BOARD

**President:** G.N. Dalekos  
**Vice President:** G. Papatheodoridis  
**Gen. Secretary:** E. Holongitis  
**Treasurer:** A. Alexopoulou  
**Member:** C. Triantos

### HELLENIC STROKE ORGANIZATION BOARD

**President:** K. Vemmos  
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**Members:** A. Hatzitolios  
H. Milionis  
K. Takis

## Under the auspices of the:



**UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

# PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 17, 2016

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**14:00**                      **Registration**

**14:30 - 16:00**   **ORAL PRESENTATIONS SESSION**

**16:00 - 16:30**   **STATE-OF-THE-ART LECTURE**

*Hellenic Stroke Organization*

Chairperson: **Konstantinos Fountas** (*Larissa, Greece*)

Intracerebral haemorrhage: what is the cause?

**Charlotte Cordonnier** (*Lille, France*)

**16:30 - 17:00**   **Coffee break**

**17:00 - 17:30**   **SATELLITE LECTURE**

**17:30 - 19:00**   **ROUND TABLE**  
**Stroke in 2020**

*Hellenic Stroke Organization*

Chairpersons: **Charlotte Cordonnier** (*Lille, France*)

**Konstantinos Vemmos** (*Athens, Greece*)

Patent foramen ovale: closure or not?

**Roland Veltkamp** (*London, UK*)

Organisation of stroke care in the era of endovascular treatment

**Urs Fischer** (*Bern, Switzerland*)

Direct oral anticoagulants for embolic strokes of undetermined source?

**George Ntaios** (*Larissa, Greece*)

Proprotein convertase subtilisin/kexin type 9 inhibitors for stroke prevention?

**Eivind Berge** (*Oslo, Norway*)

# PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 17, 2016

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## 19:00 - 19:30 STATE-OF-THE-ART LECTURE

*Chairperson:* **Eivind Berge** (Oslo, Norway)

Conflicts of interest: how to handle them?

**Bart Van Der Worp** (Utrecht, The Netherlands)

19:30 - 19:45 Break

## 19:45 - 21:00 OPENING CEREMONY

*Welcome*

*Inaugural Lecture*

Too much or too little medicine

**Dimitrios Sideris** (Athens, Greece)

21:00 WELCOME RECEPTION

# PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 18, 2016

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## 08:00 - 09:30 ORAL PRESENTATIONS SESSION

### 09:30 - 10:30 SYMPOSIUM Prostate disease in 2016

Chairperson: **Stavros Gravas** (*Larissa, Greece*)

Is there a link between benign prostate hyperplasia, prostate cancer and inflammation?

**Dionysios Mitropoulos** (*Athens, Greece*)

Benign prostatic hyperplasia and metabolic syndrome

**Mauro Gacci** (*Florence, Italy*)

## 10:30 - 11:00 Coffee Break

### 11:00 - 13:00 ROUND TABLE Advances in Therapeutic Strategies for HBV and HCV

Chairpersons: **Rafael Esteban** (*Barcelona, Spain*)  
**George N. Dalekos** (*Larissa, Greece*)

Is HBsAg loss an achievable target for therapy?

**Spilios Manolakopoulos** (*Athens, Greece*)

Difficult to treat patients with HBV infection

**George Papatheodoridis** (*Athens, Greece*)

Current challenges in non-HCV-1 genotype therapy

**Markus Cornberg** (*Hannover, Germany*)

Cost effectiveness, barriers and access to HCV treatment in Europe

**Maria Buti** (*Barcelona, Spain*)

Future treatment options in failures to any antiviral therapy

**Rafael Esteban** (*Barcelona, Spain*)

# PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 18, 2016

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**13:00 - 14:00 SATELLITE SYMPOSIUM**

**14:00 - 15:30 E-POSTER PRESENTATIONS SESSION**

**15:30-16:00 Leisure time**

**16:00 - 17:30 ROUND TABLE  
Resistant Hypertension**

Chairpersons: **Dimitrios Vlahakos** (*Athens, Greece*)  
**Konstantinos Tsioufis** (*Athens, Greece*)

Diagnosis and evaluation

**Konstantinos Makaritsis** (*Larissa, Greece*)

Medical management

**Michel Burnier** (*Lausanne, Switzerland*)

New invasive treatment modalities

**Konstantinos Tsioufis** (*Athens, Greece*)

Long term effects of invasive therapy - Hints for the future

**Roland Schmieder** (*Nuremberg, Germany*)

**17:30 - 18:15 SATELLITE SYMPOSIUM**

**18:15 - 18:45 Coffee Break**



# PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 18, 2016

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**18:45 - 20:15** **ROUND TABLE**

**Intestinal microbiota and metabolic disorders**

Chairpersons: **Apostolos Hatzitolios** (*Thessaloniki, Greece*)

**Alexandros Tselepis** (*Ioannina, Greece*)

Microbiota patterns and risk of glucometabolic disease

**Peter Nilsson** (*Malmo, Sweden*)

Intestinal microbiota lipid metabolism and atherosclerosis

**Alexandros Tselepis** (*Ioannina, Greece*)

Insights into the role of the microbiome in the natural history of obesity

**Dimitrios Papazoglou** (*Thessaloniki, Greece*)

**20:15 - 21:00** **SATELLITE SYMPOSIUM**

## PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 19, 2016

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### 08:00 - 09:00 ORAL PRESENTATIONS SESSION

#### 09:00 - 10:30 ROUND TABLE

##### Advances in autoimmune hepatitis (AIH)

Chairpersons: **Diego Vergani** (London, UK)

**George N. Dalekos** (Larissa, Greece)

Advances in genetics of AIH

**Ynto de Boer** (Amsterdam, The Netherlands)

EASL CPG guidelines on AIH

**Harald Hofer** (Vienna, Austria)

AIH in special conditions

**Michael Heneghan** (London, UK)

AIH in the pediatric population

**Giorgina Mieli-Vergani** (London, UK)

### 10:30 - 11:00 STATE-OF-THE-ART LECTURE

Chairperson: **George K. Koukoulis** (Larissa, Greece)

The role of laboratory in the diagnosis and follow-up of autoimmune liver diseases

**Diego Vergani** (London, UK)

### 11:00 - 11:30 Coffee Break

# PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 19, 2016

## 11:30 - 13:00 ROUND TABLE

### Rheumatoid arthritis and the cardiovascular system

*Chairpersons:* **George D. Kitas** (Dudley, UK)

**Petros P. Sfikakis** (Athens, Greece)

Cardiovascular disease in rheumatoid arthritis: Causes, consequences and open questions

**George D. Kitas** (Dudley, UK)

High grade inflammation and the lipid paradox: implications for treatment

**Naveed Sattar** (Glasgow, UK)

Non-invasive assessment of accelerated atherosclerosis in chronic inflammatory conditions

**Athanasios Protogerou** (Athens, Greece)

Cardiac magnetic resonance imaging in rheumatoid arthritis: promising or misleading?

**Sophie Mavrogeni** (Athens, Greece)

## 13:00 - 13:30 STATE-OF-THE-ART LECTURE

*Chairperson:* **John Koskinas** (Athens, Greece)

Acute-on-chronic liver failure

**Rajiv Jalan** (London, UK)

## 13:30 - 14:00 SATELLITE LECTURE

## 14:00 - 15:30 E-POSTER PRESENTATIONS SESSION

15:30 - 16:00 Leisure time

## 16:00 - 17:30 ROUND TABLE

### Invasive fungal infections

*Chairperson:* **George Petrikos** (Athens, Greece)

## PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 19, 2016

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**17:30 - 19:00** **ROUND TABLE**

**Inflammatory bowel disease (IBD) and the liver**

*Chairpersons: Alessio Aghemo (Milan, Italy)*

**Joost P.H. Drenth** (Nijmegen, The Netherlands)

Management of viral hepatitis in patients with IBD

**Alessio Aghemo** (Milan, Italy)

Primary sclerosing cholangitis

**Tom Hemming Karlsen** (Oslo, Norway)

Liver enzyme elevations as a result from IBD therapy

**Joost P.H. Drenth** (Nijmegen, The Netherlands)

Reasons for ALT elevation in IBD: autoimmune liver disease?

**Eric Tjwa** (Nijmegen, The Netherlands)

**19:00 - 19:30** **Coffee Break**

**19:30 - 21:00** **SATELLITE SYMPOSIUM**

**21:00** **Farewell Reception**

## GENERAL INFORMATION

### Venue

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#### LARISSA IMPERIAL HOTEL

182 Farsalon Str., GR 413 35 Larissa, Greece

Tel: +30 2410 687600, Fax: +30 2410 687687

Email: [li@classicalhotels.com](mailto:li@classicalhotels.com), Website: <http://www.classicalhotels.com/larissaimperial>

### Dates & Hours

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Thursday, March 17<sup>th</sup>, 2016 14:30 - 21:00

Friday, March 18<sup>th</sup>, 2016 08:00 - 21:00

Saturday, March 19<sup>th</sup>, 2016 08:00 - 21:00

### Official Language

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The official language of the Congress is **English**.

Simultaneous translation (interpretation) will not be provided.

### Website

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Find all useful information and updates about the Congress at

**[www.internalmedicine-uth.gr](http://www.internalmedicine-uth.gr)**

Contact: **[admin@internalmedicine-uth.gr](mailto:admin@internalmedicine-uth.gr)**

*Newsletter: If you wish to receive information and be updated about Congress issues, you may subscribe in the newsletter subscription form available on the website.*

### Accreditation

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The Congress will be submitted to be approved with Continuing Medical Education (C.M.E.) Credits by the Panhellenic Medical Association according to the EACCME–UEMS criteria.

### Sponsors/ Exhibition

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A major exhibition will accompany the Congress, where pharmaceutical and/or equipment/device industries will display relevant products, services and therapeutic developments, reach and interact with the medical community, promote their activities, research and technologies.

For relative information interested Companies may contact the Organizing-Administrative Bureau Conferre Ltd ([info@conferre.gr](mailto:info@conferre.gr)).

### Letter of Invitation

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Participants may require an official letter of invitation to enable them to overcome administrative difficulties in their countries in order to participate in the Congress. It must be understood that such letters do not imply any commitments from the congress to provide financial assistance. However, please note that the letter of invitation can only be sent to registered participants. If you require such a letter, please apply to the Secretariat (after your successful registration, please send an e-mail to **[info@conferre.gr](mailto:info@conferre.gr)** in order to receive your invitation letter on time).

## GENERAL INFORMATION

### Liability and Insurance

The Organizers as well as the Organizing-Administrative Bureau will assume no liability for injuries or losses of any nature incurred by participants and/or accompanying persons, or for the damage, loss or theft of their personal property during the Congress. Participants are advised to take out their own health, travel and personal insurances.

### Registration

#### Registration Fees (Euro/incl. VAT 23%)

Category	Cost
<sup>1</sup> Doctors	140,00€
<sup>1</sup> Trainees	70,00€
<sup>2</sup> Nursing Staff	Free
<sup>2</sup> Students	Free
<sup>3</sup> Other	30,00€

#### 1. Registration for doctors and trainees includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of attendance
- Coffee Breaks
- Welcome Reception
- Farewell Reception

#### 2. Registration for nursing staff and students includes

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Certificate of attendance

#### 3. Registration for other includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of attendance

### Accommodation

The Organizing Administrative Bureau has reserved an adequate number of rooms in the Larissa Imperial Hotel (Congress venue) at special rates for the participants for the period of **March 17-19, 2016**. For more information about the rates and accommodation booking process, participants may contact Conferre Ltd.

*Conferre Ltd has been appointed as the official accommodation booking agent for the Congress and will handle all related arrangements.*

**Requests will be served on a first-come, first-served, space-available basis. We strongly advise all participants to request for accommodation booking as soon as possible.**

**The Organizing-Administrative Bureau will not be able to guarantee rooms after January 30, 2016.**

## Contact

### Organizing-Administrative Bureau/Secretariat: Conferre Ltd

Stavrou Niarchou Avenue, GR 45110 Ioannina, Greece

Tel.: (+30) 26510 68610, Fax: (+30) 26510 68611

E-mail: [info@conferre.gr](mailto:info@conferre.gr), Website: [www.conferre.gr](http://www.conferre.gr)

## Call for abstracts

*Share the knowledge!*

Young colleagues are invited to actively contribute to the programme by presenting their research to an international audience of medical experts, through **Oral** and **e-Poster Presentations**.

All submitted abstracts will be reviewed by an abstract Review Committee and the accepted and valid ones will be presented during the scientific programme as an Oral or an e-Poster Presentation.

**Abstracts should be submitted only through  
the online abstract submission form at the official website  
[www.internalmedicine-uth.gr](http://www.internalmedicine-uth.gr)  
Abstracts submitted by email or fax will not be accepted.**

Abstracts should be submitted in **English** language  
Please visit the website for all useful guidelines for the preparation and  
submission of your abstract!

**Abstract Submission Deadline: January 08, 2016**  
**Notification of Acceptance/Rejection of Abstracts: January 25, 2016**

Abstracts of all Oral and e-Poster Presentations of the Congress will be also included in the **e-Abstract Book** of the Congress.

### Note:

For any abstract submitted for presentation, the Registration Fee for at least one of the authors must be paid (preregistration is required at least 3 weeks prior to the Congress, for confirmation of participation). If a participant pays the Registration Fee in order to submit an abstract and the abstract is finally not accepted, there will be a full refund only if the author does not desire to participate in the Symposium and send a written request to the Secretariat within 15 days of the notification of abstract rejection.

## **Remember the Dates!**

Abstract Submission Deadline:

**January 8, 2016**

Notification of Acceptance/Rejection of Abstracts:

**January 25, 2016**

Availability for Accommodation Booking

**January 30, 2016**

Final Programme available via website:

**January 30, 2016**

**Submit your abstract now!**