1st IAGP International Congress on Research and Group Psychotherapy and Processes

on chronic stress

20-23 November 2014  AEGLI ZAPPEION
ATHENS - GREECE

1st Announcement Preliminary Programme
ORGANIZATION

President of the Congress:
Dr. Catherine Mela (Greece)

Co-President of the Congress:
Prof. David Gutmann (France)

Organizing Committee
Chairing by:
Mela Catherine (Chair of IAGP Research Committee and member of IAGP Board of Directors)
Kalantaridou Sophia (University of Ioannina, Greece)
Makrigiannakis Antonis (University of Crete, Greece)

LIST OF TOPICS

1. Group Psychotherapy and Research
2. Group Analysis and Research
3. Psychodrama and Research
4. Management and Research in Organizations and at Work
   (Psychosocial Risks at Work during Crisis)
5. Social Research
   • Research on Social Trauma and Chronic Stress
   • Financial crisis and Chronic Stress
   • Chronic Stress and Immigration
   • Trans-cultural Epidemiology and Chronic Stress
   • Gender issues and Chronic Stress
   • Bullying and Chronic Stress
   • Meta-traumatic Chronic Stress after Wars and Physical Disasters
   • Chronic Stress in the PTSD and Trauma Resolution
6. Clinical and Laboratory Research on
   • Psycho-Neuro-immunology
   • Psycho-Neuro-Endocrinology
   • Fertility and Reproduction
     - Impact of chronic stress during pregnancy
     - Chronic stress influence in future generation and Social Unconscious
   • Psycho-Oncology
7. Brain Plasticity
   • Alterations provoked by Chronic Stress in Cognitive and Learning Brain Functions
   • Chronic Stress and Psychosomatics
   • Chronic Stress and Depression in Dementia
   • Chronic Stress in Memory Modifications
   • Modification of Brain Plasticity by Group Psychotherapy
8. Family & Couples Research
9. Results of the Combination of Group Psychotherapeutic Techniques in Clinical Practice
10. New Experi(m)ental Group Techniques in Chronic Stress Treatment (homogeneous, short term, etc) in various populations
11. PTSD and Chronic Stress
12. Drug Abuse and Chronic Stress
13. The Contribution of Art in Chronic Stress Treatment in Groups
14. Chronic Stress and Education
15. Dreams and Chronic Stress
16. Internet Therapy and Chronic Stress

GENERAL INFORMATION

VENUE
AEGLI ZAPPEION, ATHENS-GREECE
Zappeion Gardens
GR 105 57 Athens, Greece
Tel: +30 210 3369300
Fax: +30 2103252952
E-mail: info@aeglizappiou.gr
Website: www.aeglizappiou.gr

DATES & HOURS

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Starting Time</th>
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<tbody>
<tr>
<td>Thursday, 20 Nov</td>
<td>09.00</td>
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<tr>
<td>Friday, 21 Nov</td>
<td>08.00</td>
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<tr>
<td>Saturday, 22 Nov</td>
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<td>Sunday, 23 Nov</td>
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OFFICIAL LANGUAGE
The official language of the Congress is English. Simultaneous translation (interpretation) will be provided only for plenary sessions.

OFFICIAL WEBSITE
Find all useful information and updates about the Congress at www.iagpresearchcongress.gr

Contact: info@iagpresearchcongress.gr

Newsletter: If you wish to receive information and be updated about congress issues, you may subscribe in the newsletter subscription form available on the website.

ORGANIZING - ADMINISTRATIVE OFFICE/SECRETARIAT
Conferre Ltd
4th klm Ioannina-Dodoni Avenue, GR 451 10
Ioannina, Greece
Tel: (+30) 26510 68610
Fax: (+30) 26510 68611
E-mail: info@conferre.gr
Website: www.conferre.gr

DMC – HOUSING BUREAU
Mideast Travel Worldwide Ltd
105 – 107, Vas. Sofias Avenue
GR 115 21, Athens, Greece
Tel: +30 211 211 8888, Fax: +30 210 642 6147
Email: mice@mideast.gr, mideast@mideast.gr
Website: www.mideast.gr
KEY DATES
Early Pre-Registration Deadline: September 15, 2014
Abstract Submission Deadline: August 30, 2014
Notification of Acceptance/Rejection of Abstracts: September 15, 2014
Availability for Accommodation Booking: September 15, 2014
Final Programme available via website: October 30, 2014

REGISTRATION
Registration Fees (Euro, incl. VAT 23 %)

<table>
<thead>
<tr>
<th>Registration Category</th>
<th>Early Pre-Registration until 15/09/14</th>
<th>Late Pre-Registration from 16/09/14 to 16/11/14</th>
<th>On-site Registration from 17/11/14 &amp; onwards</th>
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<tr>
<td>Non members¹</td>
<td>300,00€</td>
<td>320,00€</td>
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<tr>
<td>Members¹</td>
<td>250,00€</td>
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<td>Day-Ticket³</td>
<td>70,00€</td>
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<tr>
<td>Students³</td>
<td>70,00€</td>
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1. Registration Fee for non members & members includes:
   • Admittance to the academic programme
   • Admittance to the social dreaming matrix groups and the large group
   • Congress Material
   • Certificate of Attendance
   • Refreshments during the Congress
   • Participation in the Welcome Reception

2. Registration Fee for day ticket includes:
   • Admittance to the Scientific Sessions of the day
   • Congress Material
   • Certificate of Attendance for the one day sessions
   • Refreshments during the day

3. Registration Fee for Students includes:
   • Admittance to the academic programme
   • Admittance to the social dreaming matrix groups and the large group
   • Congress Material
   • Certificate of Attendance
   • Refreshments during the Congress

SUBMISSION OF ABSTRACTS
We invite you all to submit an abstract of your work and actively participate in the scientific programme through Oral Presentations (free announcements), Lectures of Round Tables, Workshops.

Abstracts should be submitted only through the online abstract submission form at the official website. Visit now the website www.iagpresearchcongress.gr and find all useful information regarding preparation and submission of abstracts!

ACCOMMODATION AND TRAVEL SERVICES
For any Accommodation or Travel Services you may require before, during and after the Congress please contact Mideast Travel at +30 211 211 8888, mice@mideast.gr.
### Thursday, November 20, 2014

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<thead>
<tr>
<th>HALL A</th>
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<tbody>
<tr>
<td><strong>09:00-10:00</strong></td>
<td>Opening Ceremony</td>
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<tr>
<td><strong>10:00-11:30</strong></td>
<td>Morning Plenary Session</td>
<td>David Gutmann (France) President of IAGP</td>
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<tr>
<td><strong>11:30-12:00</strong></td>
<td>Coffee Break</td>
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<tr>
<td><strong>12:00-13:30</strong></td>
<td>Round Table</td>
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<td>International Track</td>
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<tr>
<td>Chair:</td>
<td>Gregorio Armananzas Ros (IAGP, Spain)</td>
<td>Chair:</td>
<td>Konstantinos Papaioannou (Chair of the Greek National Commission of Human Rights: Austerity and Human Rights in Europe)</td>
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<tr>
<td></td>
<td>Silence in the trans generational transmission of Trauma</td>
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<td>Austerity and Human Rights: a trauma for Europe?</td>
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<td>with:</td>
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<td></td>
<td>Aggeliki Passia (HOPE in GA, Greece)</td>
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<td>Ellie Varhalama (GSEE, National Commission for Human Rights, Greece)</td>
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<tr>
<td></td>
<td>Lost in Words: Projective Identification and Trans generational Transmission of Family Trauma</td>
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<td>The Collective Perception of Psychosocial Risks at Work</td>
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<td><strong>13:30-15:00</strong></td>
<td>Lunch Break</td>
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<td>Oral presentations (free announcements)</td>
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<tr>
<td><strong>15:00-16:30</strong></td>
<td>Round Table</td>
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<td>Oral presentations (free announcements)</td>
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<tr>
<td>Chair:</td>
<td>Prof. Maurizio Gasseau (University of Torino, FEPTO, Italy) with Dr. Fuerst Jutta (University of Innsbruck, Austria)</td>
<td>Chair:</td>
<td>Dr. Anassastios Koukis (ISPS, Greece)</td>
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<tr>
<td></td>
<td>Research in Psychodrama: Status of Research in Psychodrama: building practitioner Research networks</td>
<td></td>
<td>Reconstructing the ability of patients suffering from Psychosis to dream: the contribution of group-analytic Psychotherapy</td>
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<tr>
<td>and Prof. Noah (University of Cairo, Egypt), Dr. G. Loverso (Italy), Dr. G. Lococo (Italy)</td>
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<td>and</td>
<td>Ira Sarakinou (HOPE in GA, Greece)</td>
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<td></td>
<td>Research on Psychodrama and Group analysis: what specific tools to use them</td>
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<td>Chronic Stress and Psychosis</td>
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<tr>
<td><strong>16:30-17:00</strong></td>
<td>Break</td>
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<tr>
<td><strong>17:00-18:30</strong></td>
<td>Evening Plenary Session</td>
<td>Prof. Christer Sandahl (Sweden) Past IAGP President</td>
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<tr>
<td><strong>18:30-20:00</strong></td>
<td>Opening Ceremony and Welcome Reception</td>
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### Friday, November 21, 2014

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<tr>
<td><strong>08:00-09:30</strong></td>
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<tr>
<td><strong>09:30-11:45</strong></td>
<td>Morning Group: Social Dreaming Matrix</td>
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<td><strong>11:45-12:15</strong></td>
<td>Coffee Break</td>
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<tr>
<td><strong>12:15-13:45</strong></td>
<td>Round Table</td>
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<td>Round Table</td>
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<tr>
<td>Chair:</td>
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<td>Chair:</td>
<td>Jeffrey Kleinberg (IAGP, AGPA, USA)</td>
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<td></td>
<td>Prof. Hannes Kral (University of Klagenfurt, FEPTO, Austria)</td>
<td>Dr. Nikos Stathopoulos (D.E.K.A for family and children, IAGP, EFPP, Greece)</td>
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<tr>
<td></td>
<td>Research in Psychodrama: Status of Research in Psychodrama: building practitioner Research networks</td>
<td>Creation, Conduction and Development of a Scientific Group of Mental Health and Services for children, adolescents, couples and families</td>
<td>How do group Dynamics contribute to corruption and can Research help answer this question?</td>
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<tr>
<td>and</td>
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<td>and</td>
<td>with:</td>
</tr>
<tr>
<td>Fleury Heloisa (IAGP, Brazil)</td>
<td>Gabriella Moita (FEPTO Research Committee, Portugal)</td>
<td>Gabriella Moita (IAGP, Brazil)</td>
<td>Prof. Sophia Kalantaridou (University of Ioannina, Greece)</td>
</tr>
<tr>
<td>Psychodrama and Research in different cultures</td>
<td>Isil Bulut (IAGP, Turkey)</td>
<td>Psychodrama and Research in different cultures</td>
<td>Corruption in Greek Universities and Hospitals</td>
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<td>Ellie Varhalama (GSEE, National Commission for Human Rights, Greece)</td>
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<td>Labour Law and Psychosocial Risks at work: The case of Greece</td>
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## Lunch Break

13:45-15:00

<table>
<thead>
<tr>
<th>Round Table</th>
<th>Symposium PART I RESEARCH ON NEUROSCIENCES AND GROUP PSYCHOTHERAPY</th>
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<tbody>
<tr>
<td>Chair:</td>
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<tr>
<td>Ekaterina Mikhailova (IAGP, Russia)</td>
<td>Dr. Catherine Mela (IAGP, Greece) with:</td>
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<tr>
<td>Semiotics and Group Psychotherapy, based on ideas of J. Lotrian</td>
<td>Dr. Franziskos Xepapadakos (Clenia Schlössli Clinic, University of Zurich, Switzerland)</td>
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<td></td>
<td>Neuron Modulation of Chronic Stress in Group Psychotherapy</td>
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<td>Epilepsy as an expression of unsolved conflicts: A 15 years pilot study</td>
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</table>

### Symposium PART I RESEARCH ON NEUROSCIENCES AND GROUP PSYCHOTHERAPY

**Chair:**

Dr. Catherine Mela (IAGP, Greece)

**with:**

Dr. Franziskos Xepapadakos (Clenia Schlössli Clinic, University of Zurich, Switzerland)

**Neuron Modulation of Chronic Stress in Group Psychotherapy**

**Epilepsy as an expression of unsolved conflicts: A 15 years pilot study**

**Vivi Lali** (HOPE in GA, Greece)

Group Therapy in patients with Chronic Pain: Research in a Pain Department of a Public Hospital

**Eleni Gkreka and Katerina Papamanousaki, Matina Sirmali** (HOPE in GA, Greece)

Evaluating Organic Disorders in Group Analytic Process through the Parameters of Time: evaluation of 72 patients

**Dr. Ilias Vlahos** (University of Athens, HOPE in GA, Greece)

Group Treatment of Anxiety and Depression in Bowel Inflammatory Diseases

## Break

16:30-17:00

17:00-18:30

<table>
<thead>
<tr>
<th>Workshop Social Research and Immigration Ursula Hauser (IAGP, Switzerland, Costa Rica)</th>
<th>Workshop Dance Therapy Leandra Perrotta (FERTO, Italy)</th>
<th>Workshop Group Dynamics and Chronic Stress Maria Van Noort (IAGP, The Netherlands)</th>
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<tbody>
<tr>
<td><strong>Reflection Group</strong></td>
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### Workshop Social Research and Immigration

**Ursula Hauser** (IAGP, Switzerland, Costa Rica)

**Workshop Dance Therapy**

**Leandra Perrotta** (FERTO, Italy)

**Workshop Group Dynamics and Chronic Stress**

**Maria Van Noort** (IAGP, The Netherlands)

### Evening Plenary Session

**Dr Franziskos Xepapadakos** (Germany, Switzerland) Neurologist and Neuropsychiatrist, Deputy Chief Physician of the Clenia Schlössli Private Psychiatric Hospital, Academic Teaching Hospital of the University of Zurich, Head of the Memory Clinic Praxis Opera Zurich

## Large Group

### Saturday, November 22, 2014

<table>
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<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08:00-09:30</td>
<td>Morning Group: Social Dreaming Matrix</td>
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<tr>
<td>09:45-11:45</td>
<td>Morning Plenary Session Jorge Burmeister (Spain, Switzerland) Immediate Past President of IAGP, President of Academy of Granada</td>
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</tbody>
</table>

### Coffee Break

12:15-13:45

<table>
<thead>
<tr>
<th>Round Table Chair: Marcia Karp (UK) with Natacha Navarro (Academy of Granada, AEP, IAGP, Spain)</th>
<th>Round Table Chair: Francesca Giannone (Italy) Group Psychotherapy and Research with: Ekaterina Mikhailova (IAGP, Russia)</th>
</tr>
</thead>
<tbody>
<tr>
<td>How can a therapist be traumatized?</td>
<td>Psychodrama and Research</td>
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</tbody>
</table>

**Stefanos Kantounis** (HOPE in GA, Greece)
The impact of the current socio-economic crisis in Greece: burn-out among group-analyst therapists: a qualitative study

**Symposium PART II RESEARCH ON NEUROSCIENCES AND GROUP PSYCHOTHERAPY**

**Chair:**

Heloisa Fleury (IAGP, FEPTO, Brasil)

Sociodrama applied to Social Therapy: a Perspective from the Neurosciences

**With:**

**Dr. Catherine Mela** (IAGP, Greece)

Brain Plasticity and Research on the Psycho-neuroimmunologic Profile in Group Treatment of Chronic Stress

**Oral presentations**

**free announcements**
### Sunday November 23, 2014

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<tr>
<td>09:45-11:45</td>
<td>Morning Plenary Session Prof. Ivan Urlic (Croatia) IAGP Past Secretary, Past President of EGATIN</td>
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<td>11:45-12:15</td>
<td>Coffee Break</td>
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<td>12:15-13:45</td>
<td>Lunch Break</td>
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<td></td>
<td>Round Table Chair: Prof. Giovanni Cantarella (APG,COIRAG,IAGP, Italy) Research on Transcultural issues based on Psychoanalytical Approach Clinical Groups in NHS and private practice (mixed gender and women groups)</td>
<td>Round Table Chair: Prof. Hannes Krall (University of Klagenfurt, FEPTO, Austria) Integration of Research in Psychodrama Training Psychodrama with Children who have chronic stress in their families</td>
<td>Round Table Chair: Prof. Michael Wieser (IAGP, University of Alpen-Adria Klagenfurt, Austria) Empowerment of Woman Environment Research: A European Daphne Project</td>
<td>Round Table Chair: Hanoi Fleury (IAGP, FEPTO, Brazil) Galabina Tarashoeva (IAGP, FEPTO, Bulgaria) TBA</td>
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<td>13:45-15:00</td>
<td>Lunch Break</td>
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**Satellite Symposium**
- **PART I RESEARCH & INNOVATIONS**
  - TBA

**Symposium PART 1 RESEARCH ON EXCLUSION**
- Chair: Dr. Margarita Kritikou (HOPE in GA, Greece)
- Exclusion and Acting out in Group Analysis with Apostolis Aggelopoulos (HOPE in GA, Greece)
- Prof. Ioanna - Despoina Bergiannaki-Dermitzaki (University of Athens, Greece)
  - Woman in Modern Society: Work Environment and Professional Exhaustion
- Prof. Michael Madianos (University of Athens, Greece)
  - Unemployment and Suicidality

**Round Table**
- Chair: Prof. Christina Martinez-Taboada Kutz (IAGP, Spain)
  - Social Research and Immigration And
- Prof. Alberto Amutio (Spain)
  - Professional Stress: Mindfulness and Group Dynamics
- Ellie Varhalama
  - (GSEE, National Commission for Human Rights, Greece)
  - Trade Unions and the Collective Perception of Psychosocial Risks at Work

**Workshop**
- Marcia Karp (UK)
  - Psychodrama
- Aggeliki Passia (HOPE in GA, Greece)
  - Art Therapy Chronic Stress and Despair in Bacons, F.Art
- Dr. Smaroula Pandelis
  - (Hellenic Institute for Communication and Human Relations, Greece)
  - Sociodrama Stress enough is enough

**Evening Plenary Session**
- Prof. Ivan Urlic (Croatia) IAGP Past Secretary, Past President of EGATIN

**Large Group**
- Farewell Reception and Dinner

**Reflection Group**
- Oral presentations (free announcements)
### 15:00-16:30

<table>
<thead>
<tr>
<th>Satellite Symposium PART II</th>
<th>Round Table</th>
<th>Round Table</th>
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<tbody>
<tr>
<td>RESEARCH &amp; INNOVATIONS</td>
<td>Chair:</td>
<td>Chair:</td>
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<tr>
<td></td>
<td>Natacha Navarro (IAGP, AEP, Academy of Granada, Spain)</td>
<td>Dimitra Skoufi-Katsidoniwiti (HOPE in GA, Greece)</td>
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<td>Bullying and Chronic Stress in adolescents</td>
<td>with Spiros Loutsos (HOPE in GA, Greece)</td>
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<td>Gerassimos Repassos (Greece Hellenic Association of Parents with Children suffering from Reumatoid Arthritis)</td>
<td>Stress in Education: A Large workgroup for Education through Drama Therapy</td>
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### 16:30-18:00

<table>
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<tr>
<th>Round Table Research on Family Therapy</th>
<th>Symposium PART 2 Research on Exclusion</th>
<th>International Track</th>
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<tr>
<td>TBA</td>
<td>Chair: Spiros Loutsos (HOPE in GA, Greece)</td>
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<tr>
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<td>with Hara Alexandri (HOPE in GA, Greece)</td>
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<td>The Scapegoat phenomenon and the Social Unconscious</td>
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<td>Prof. M. Vasiliadou (Greece)</td>
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<td>Exclusion and Neuroethics</td>
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<td>John Eliopoulos (Greece)</td>
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<td>The Psychotic Patient: between Family and Hospital: the Foucaudean Approach</td>
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### 18:00-18:30

Coffee Break

### 18:30-20:00

Large Group

### 20:00-21:30

Closing Ceremony

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Please Note:

Preliminary Programme as confirmed until May, 2014. Subjected to changes.
IAGP is a truly international and global organization. The current **Board of Directors** comprises people from *24 countries*. Our affiliate organizations and individual members are group psychotherapists and group processors from many different theoretical orientations from around the world.

The following is a list of our officers for the **2012-2015** term.

### Executive Committee
- **President**: David Gutmann, D.E.S (France)
- **Secretary**: Kate Bradshaw Tauvon, MA, GA Dip, TEP (Sweden)
- **Treasurer**: Teresa von Sommaruga Howard, Dipl Arch, Mem IGA (UK/New Zealand)
- **President Elect**: Bonnie Buchele, Ph.D. (USA)
- **Immediate Past President**: Jorge Burmeister, M.D. (Switzerland/Spain)

### Board of Directors
- Dena Baumgartner, PhD, TEP (USA)
- Isil Bulut, PhD (Turkey)
- Giovanna Cantarella, PhD (Italy)
- Hsien-Hsien Chiang, RN, MSN (Chinese Taipei)
- Sue Daniel, MAPS, TEP (Australia)
- Macario Giraldo, PhD (USA)
- Assie Gildenhuys, PhD (South Africa)
- Jeffrey Kleinberg, PhD, MPH (USA)
- Jun Maeda, MA (Japan)
- Cristina Martinez-Taboada Kutz, PhD (Spain)
- Catherine Mela, MD, PhD (Greece)
- Ekaterina Mikhailova, PhD (Russia)
- Maite Pi Ordóñez, MD (Spain)
- Enrico Reo, PhD (Italy)
- Esther Stone, MSSW (USA)
- Mona Rakhawy, MD, PhD (Egypt)
- Galabina Tarashoeva, MD (Bulgaria)
- Ivan Urlić, MD, PhD (Croatia)
- Marianne Wiktorin, MA (Sweden)
- Xu Yong, MD (PR China)

### Section Chairs
- **Chair, Family Therapy Section**: Marlene Marra, MA (Brazil)
- **Chair, Analytic Group Section**: Ljiljana Milivojević, MD, MS, PhD (Serbia)
- **Chair, Organizational Consultancy Section**: Roberta Mineo, PhD (Italy)
- **Chair, Psychodrama Section**: Yaacov Naor, MA, CAGS, TEP (Israel)
- **Chair, Transcultural Section**: Maria Cecilia Orozco, MSFT (Colombia)
- **Chair, Young Professionals Section**: Reimer de Rooij, MSc. (Netherlands)

### Consultative Assembly of Affiliate Organizations (CAOA)
- Michael Wieser, Mag Dr (Austria) and David Gutmann, D.E.S. (France)

### Membership Chairs
- Dena Baumgartner, PhD, TEP (USA) and Cristina Martinez-Taboada Kutz, PhD (Spain)

### Honorary Archivist
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IAGP is dedicated to the inspirational thinking and action of JL Moreno, MD (USA) and SH Foulkes, MD (UK)